

Lesson 7 Wed Jan 3: The Mass and the Eucharist

Link: <https://bit.ly/3S50G8F>

Prayer: **Our Father**

Warmup: **Mysteries**: see “The Words of Agur” [Prov 30:1-4](#) and Nicodemus [Jn 3:13](#)

Homework: Mass attendance sheet & notes on the Homily

Review of Last weeks’ homework:

Week 2: Using the “two wings” of the Gifts of Reason and Faith, ***When has God revealed himself to you this week?***

Week 3: **Reflect and be prepared to discuss how you participate in the sacrifice of Christ at Mass**

Week 4: **Identify one or two parts of the Mass that speak/s the most to you**

Week 5: **Attend Mass and worship thoughtfully. Bring questions about the Mass to next class.**

Week 6: **Have a wonderful, happy, Jesus-filled Christmas!**

This week’s homework:

1. Have a wonderful, happy, Jesus-filled Christmas!
2. Symbolon: [The Paschal Mystery: The Mystery of Jesus' Death & Resurrection - The Creed](#) (short version; here for [long version](#))

Unfinished business: Covenant & Sacrifice ([Lesson 3](#))

I. **The Mass: what Father Barnes wants us to know**

- Christ is really there
- It is our glimpse of Heaven
- We are participants and not observers of the Lord’s Supper
 - That is why we don’t just sit there
 - Participation in Mass is a mindset that begins in the heart
- When we are not at Mass, we are not participating in the Lord’s salvation
- Holiness means “setting apart”, i.e.,
 - Michael’s definition:
 - God is apart from all creation, from sin, from mortal life; thus he is perfect, thus “holy”
 - We are to be “set apart for God”, i.e. we are called to be holy like God
- We are to reflect God’s holiness
- We should bring our personal offerings and intentions to Mass
 - “What are you bringing to the Lord?”
- Sunday is the Lord’s Day, it’s a commandment
- Communion is a state of grace
 - Thus, when we are in Mass we honor God with reverence
- Daily prayer and confession are part of our communion with God
- Calling God “Father” is a bold statement
- Father Barne’s homework: take notes on the Homily this Sunday

II. **The Mass and the Eucharist**

- See handouts